

**Upper Darby Cross Country  
2018**

**Preseason: (NEED PHYSICAL)**

**Bus Time**

|                  |              |         |         |
|------------------|--------------|---------|---------|
| Mon. August 13   | Rose Tree    | 8:00 AM | 8:00 AM |
| Tues. August 14  | Kelly Drive  | 8:00 AM | 8:00 AM |
| Wed. August 15   | Valley Green | 8:00 AM | 8:00 AM |
| Thurs. August 16 | Valley Forge | 8:00 AM | 8:00 AM |
| Fri. August 17   | Ridley Park  | 8:00 AM | 8:00 AM |

|                  |              |         |         |
|------------------|--------------|---------|---------|
| Mon. August 20   | Rose Tree    | 8:00 AM | 8:00 AM |
| Tues. August 21  | Valley Green | 8:00 AM | 8:00 AM |
| Wed. August 22   | Rose Tree    | 3:00 PM | 3:00 PM |
| Thurs. August 23 | Home         | 3:00 PM | No Bus  |
| Fri. August 24   | Home         | 3:00 PM | No Bus  |

|                  |           |         |         |
|------------------|-----------|---------|---------|
| Mon. August 27   | Rose Tree | 3:00 PM | 3:00 PM |
| Tues. August 28  | Home      | 3:00 PM | No Bus  |
| Wed. August 29   | Scrimmage | 3:00 PM | No Bus  |
| Thurs. August 30 | Home      | 3:00 PM | No Bus  |
| Fri. August 31   | Home      | 3:00 PM | No Bus  |

**Regular Season Meets:**

| <u>Date</u>         | <u>Meet</u>                                  | <u>Place</u>             | <u>Start Time</u> | <u>Bus Time</u> | <u>Return Time</u> |
|---------------------|--|--------------------------|-------------------|-----------------|--------------------|
| Wed. August 29      | <i>Prendie, Bonner, Springford Scrimmage</i> | <b>HOME</b>              | <b>4:00 PM</b>    | xxx             | xxx                |
| Wed. September 5    | UD vs. Harriton vs. Stoga vs. Garnet Valley  | Rose Tree Park           | 4:00 PM           | 2:00 PM         | 5:30 PM            |
| Sat. September 8    | <i>PTXC presented by Brooks</i>              | Kutztown University      | 9:00 AM           | 6:30 AM         | 1:00 PM            |
| Wed. September 12   | UD vs. Haverford vs. Radnor                  | <b>HOME</b>              | <b>4:00 PM</b>    | xxx             | 5:30 PM            |
| Sat. September 15   | <i>Bulldog Invitational</i>                  | Rose Tree Park           | 9:00 AM           | 7:30 AM         | 12:00 PM           |
| Thurs. September 20 | <b>UD vs. Ridley vs. Marple</b>              | <b>HOME</b>              | <b>4:00 PM</b>    | xxx             | xxx                |
| Wed. September 26   | UD vs. Springfield vs. Penncrest             | Penncrest                | 4:00 PM           | 1:40 PM         | 5:30 PM            |
| Sat. September 29   | <i>Paul Short Invitational</i>               | Lehigh University        | 12:00 PM          | 9:30 AM         | 2:00 PM            |
| Wed. October 3      | UD vs. Strath Haven vs. Lower Merion         | Lower Merion             | 4:00 PM           | 1:40 PM         | 5:30 PM            |
| Sat. October 6      | <b>Delco Championships</b>                   | <b>Rose Tree Park</b>    | <b>2:00 PM</b>    | <b>12:00 PM</b> | 3:00 PM            |
| Sat. October 13     | <b>CAL Champs</b>                            | <b>Rose Tree Park</b>    | <b>2:00 PM</b>    | <b>12:00 PM</b> | 3:00 PM            |
| Fri. October 26     | <b>DISTRICTS</b>                             | <b>Lehigh University</b> | <b>10:00 AM</b>   | <b>6:00 AM</b>  | 3:00 PM            |
| Sat. November 3     | <b>STATES - Q</b>                            | <b>Hershey</b>           | <b>TBA</b>        | <b>TBA</b>      | <b>TBA</b>         |

Q - Qualification Meet (qualification standards posted on team website)